



# early years alliance

## north of england service hub



**NEW! Post-natal virtual support programme**

**Being together, my baby and me - FREE for families across Bradford.**

The Alliance has developed a programme of free post-natal virtual sessions, especially to support families with babies across Bradford.

The programme covers everything from baby brain development and sensory play, early language and communication to positive mental health and keeping your baby safe.

**FREE sessions include:**

- Brain development and sensory play
- Early language and communication
- Positive mental health and the outdoors
- Keeping your baby safe and healthy
- The importance of play

**Interested? Please get in touch with us.**  
North of England Service Hub, Unit 5 County Workshops, Wood Street, Dewsbury, WF13 1QU

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**Being Together, my baby and me** – FREE, delivered via ZOOM for families across the Bradford area. [Click programme](#) number below to register for a place. Once you have registered you will receive confirmation of place and link to join

**[Programme 5](#)** Monday 22<sup>nd</sup> February to Monday 22<sup>nd</sup> March; 10am – 11am  
**[Programme 6](#)** Wednesday 24<sup>th</sup> February to Wed 24<sup>th</sup> March; 1pm – 2pm